Since 1946, thousands of campers have come to Rock Springs Ranch. They unplug, explore, play and learn the kinds of lessons that can last a lifetime. Outside of the traditional learning environment, campers grow socially, emotionally, physically and cognitively. Many make friends for life. It’s all simple, pure FUN!

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CAMP AT ROCK SPRINGS IS BETTER THAN EVER!

We’re so excited about Camp Season 2022 at Rock Springs Ranch! Our goal is to teach the positive youth development of 4-H and introduce our Centers of Excellence in Leadership, Conservation and Sportsmanship. We have created a truly formative experience for our campers under the endless skies of the beautiful tallgrass prairie of the Flint Hills.

Traditional Camp

**EXPLORERS** - Ages 8-10 (rising 3rd-5th graders)
Our youngest campers will work on gaining their independence, making new friends and discovering the larger world around them. While at camp they will enjoy archery, BBs, swimming, intro to horses, circles, our giant swing and many more fun activities! This group will also have the highest staff to camper ratios.

**TRAILBLAZERS** - Ages 11-13 (rising 6th-8th graders)
This group has greater access to activities and will spend time with more campers in their age group and work on skills development. Activities include 3D archery, swimming, horses, rifles, canoes, climbing wall, stream study and more!

**ADVENTURERS** - Ages 14-17 (rising high schoolers)
This is the oldest group in our “traditional” camp. Adventurers spend most of their time at activities they choose along with other campers in their group. Activities are at the top tier of RSR offerings including aerial archery, swimming, horses, trap shooting, kayaks, high ropes and zipline.

Teen Leadership Camp

In addition to our traditional camp, we offer two unique camping experiences for older youth who are eager to take on greater challenges and advance their leadership skills.

**L.I.T. LEADERS IN TRAINING** - (rising 11th graders)
L.I.T. focuses on leadership and community development programming along with a service project. There will also be time to just relax, make new friends and enjoy other camp activities. This is an excellent progression if a camper thinks they may want to advance to C.I.T. or join RSR staff in the future.

**C.I.T. COUNSELORS IN TRAINING** - (rising 12th graders)
C.I.T. is a hands-on progression that develops the leadership abilities of this group to help them on the path from camper to counselor. Throughout the week, teens will receive camper care training and counselor experience while improving their leadership skills and being mentored by youth development staff. They will also enjoy “camp” time with peers built into each day.

Camper Activities

The campers will participate together in daily activities.

**SWIMMING** | **LOW ROPES**
---|---
**GAMES** | **HIKING**
**ARTS & CRAFTS** | **CLIMBING WALL**
**CANOEING** | **ARCHERY**
**HIGH ROPES** | **HORSEBACK RIDING**
**TEAM BUILDING** | **PRAIRIE BIKES**
**STREAM STUDY** | **RIFLERY**
**ZIP LINE** | **CONSERVATION ACTIVITIES**
**KAYAKS** | **CAMPFIRES**
**VOLLEYBALL** | **S’MORES**
**GAGA BALL** | **LOW ROPES**
**TRAP SHOOTING** | **GIANT SWING**

ALL YOUTH DESERVE A 4-H EXPERIENCE!

**The Benefits of Camp**

1. Social Skills Development
   - leadership
   - communication
   - participation

2. Self-Respect & Character Building
   - responsibility
   - resourcefulness
   - resilience

3. Community Living/Service Skills
   - caring
   - fairness
   - citizenship