

## Record Book Tips

1. Remember to label your pictures (we need to know what you are doing)
2. Be specific with your goals
3. What exactly do you want to learn?
4. What did you learn?
5. What do you want to learn in the future?
6. What mistakes did you make – how did you learn from them?
7. What will you do differently in the future? Why?
8. Did you share this information with any one else? (Other members?)
9. Rate yourself – did you give this goal/project your all or do you need to improve on meeting your goals in the future?

## 4-H Story Tips

You can use the following statements to help you outline your story:

- a. Introduce yourself. Include why you joined 4-H and/or chose the project(s) that you did. Also include you rage; interests; parents; siblings; where you live; and where you go to school.
- b. Tell about things you enjoyed learning or doing. Also include your participation in the 4-H club and the community service you helped with. (Keep in mind the 4-H saying – learning, doing, teaching. (*Experience*))
- c. Tell about results, difficulties, or challenges you had. (*Share*)
- d. Explain how you would improve your project(s) or 4-H year. What do you hope to accomplish in the future?(*Process*)
- e. Tell what you learned about yourself through your 4-H participation. How did 4-H help you learn/develop this skill(s)? (*Generalize*)
- f. How will the skills learned this year help you in other areas of your life and for your future? (*Apply*)***Be sure to turn in a complete record book. The guidelines given above will be the judging criteria.***

Be sure to include specific goals and project summaries on your project sheets.

By simply saying – “My project was fun. I learned a lot,” Will *not* constitute a completed record book. Be specific on your goals and what exactly you learned! Intermediate and Senior members – be sure to follow the guidelines for writing your project goals – as you get older – you need to progress and continue moving forward in planning and explaining your goals!